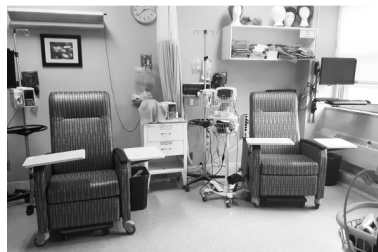
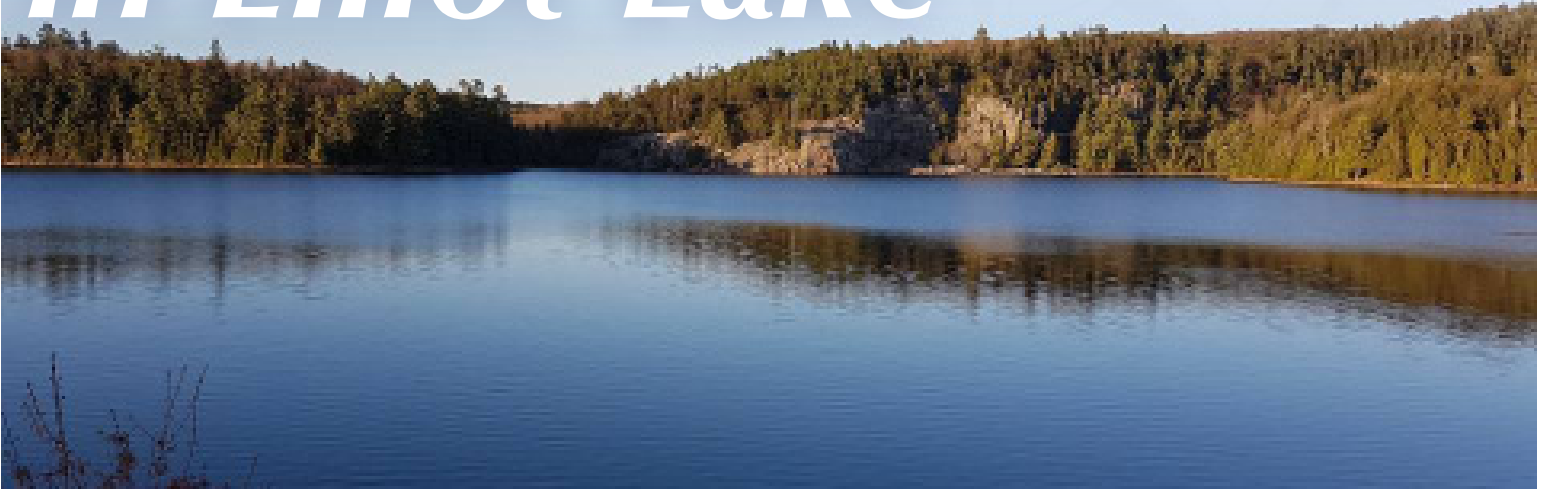


# NAVIGATING THE HEALTH CARE SYSTEM *in Elliot Lake*



***Presented by...***

**THE CITY OF ELLIOT LAKE**

***In Partnership with...***

**THE ELLIOT LAKE FAMILY HEALTH TEAM  
& THE SENIORS AT RISK COMMITTEE**

# INTRODUCTION

Hello!

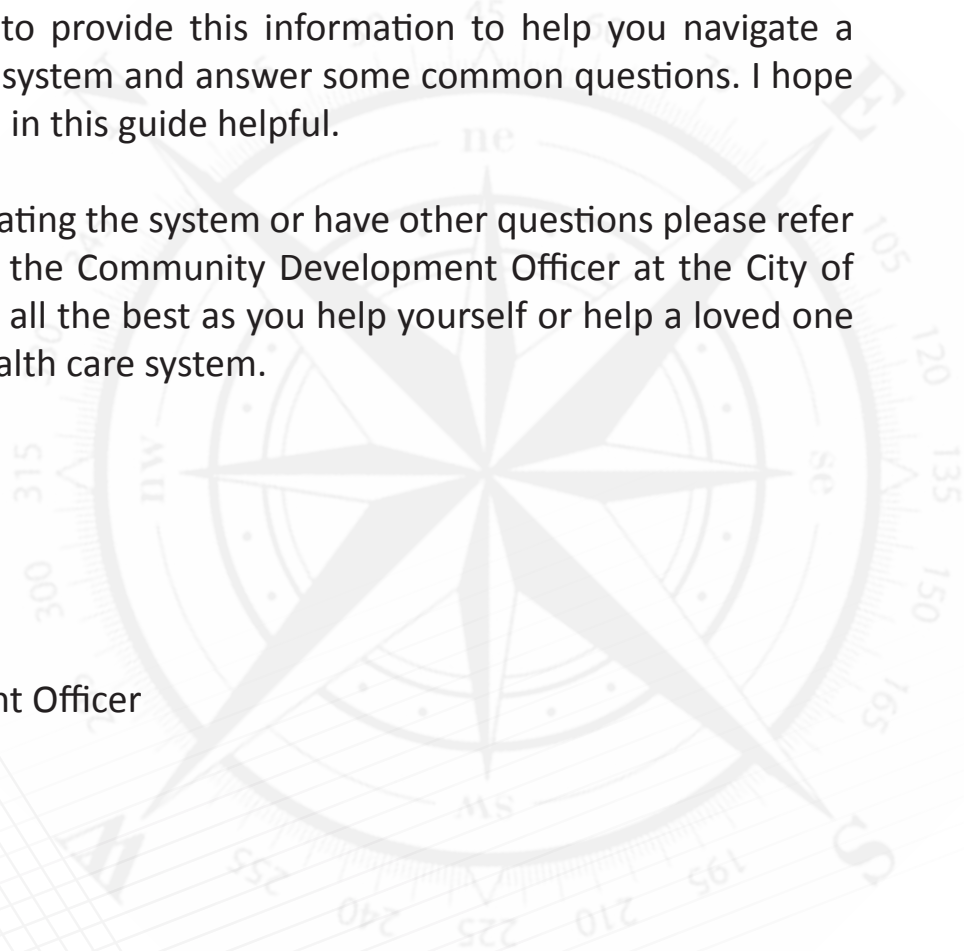
This is a resource guide and directory of health care services in Elliot Lake. This guide aims to assist seniors, their families and caregivers, as well as health care professionals, home care programs, elder care and government agencies and volunteers to share the same language and process in helping provide patient-centred care.

This guide is mainly contact information for various health care services in Elliot Lake while also providing writing space in the back of the booklet for important notes. We are pleased to provide this information to help you navigate a sometimes complicated system and answer some common questions. I hope you find the information in this guide helpful.

If you require help navigating the system or have other questions please refer to this guide or contact the Community Development Officer at the City of Elliot Lake. We wish you all the best as you help yourself or help a loved one navigate through the health care system.



Amanda Roy  
Community Development Officer  
City of Elliot Lake



Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

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Personal Health Information: \_\_\_\_\_

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Emergency Contact List: \_\_\_\_\_

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## **COUNSELLING CENTRE OF EAST ALGOMA**

Contact: Shelley Watt Proulx, Executive Director

Address: 9 Oakland Blvd Suite 2, Elliot Lake

Phone: 705-848-2585

Email: [swattproulx@ccea.life](mailto:swattproulx@ccea.life)

## **ELLIOT LAKE HEARING SERVICES**

Contact: Lise Hebert, Owner and Hearing Instrument Specialist or Karen Gall, Owner and Business Manager

Address: 6 Saskatchewan Road, Elliot Lake P5A 121

Phone: 705-578-3555

Email: [elhearing@eastlink.ca](mailto:elhearing@eastlink.ca)

Service: Wax removal, hearing tests, hearing aids, hearing protection, counselling

## **HOME INSTEAD SENIOR CARE**

Contact: Nikki Sage, Community Outreach Coordinator

Address: 303-2009 Long Lake Rd., Sudbury P3E 6C3

Phone: 705-848-1900

Email: [Nikki.sage@homeinstead.com](mailto:Nikki.sage@homeinstead.com)

## **ELLIOT LAKE FAMILY HEALTH TEAM**

Contact: Cindy Mathison, Systems Navigator

Address: 31 Nova Scotia Walk, Elliot Lake P5A 1Y9

Phone: 705-461-8882 ext. 282

Service: Systems navigation, Stand Up coordinator

## **ELLIOT LAKE PALLIATIVE CARE PROGRAM**

Contact: Sylvie Ferland, Administrator/Coordinator

Address: 70 Spine Road, Elliot Lake

Phone: 705-848-7182 ext. 2235

## **LE CENTRE VICTORIA POUR FEMMES**

Contact: Julie Caissy, Counselor

Address: 31A Manitoba Road, Elliot Lake

Phone: 705-461-6120

Email: julie.caissy@centrevictoria.ca

## **BAYSHORE HOME HEALTH**

Contact: Jennifer Turgeon, Care Manager

Address: 1984 Regent St., Sudbury P3E 5S1

Phone: 705-698-5226

Email: jturgeon@bayshore.ca

Service: Homecare services, including nursing care, personal support, companionship, respite care, meal preparation, light housekeeping, etc.

## **HILLSIDE PARK RETIREMENT RESIDENCE**

Contact: Alberta Jones, Administrator

Address: 11 Mississauga Ave., Elliot Lake

Phone: 705-848-8027

Email: hillsidepark@eastlink.ca

through Transitional Care Workers (TCW).

## **CANADIAN RED CROSS, PATH PROGRAM**

Contact: Nancy Leblanc, and Alysha Dumais, PATH Coordinators or Linda Kilfoyl and Jacqueline Berube, Transitional Care Workers

Address: 1460 Fairburn St., Sudbury

Phone: 705-523-7100 ext. 4473 or 705-848-7182 ext. 2444

Email: [nancy.leblanc@redcross.ca](mailto:nancy.leblanc@redcross.ca), [Alysha.dumais@redcross.ca](mailto:Alysha.dumais@redcross.ca), or [linda.kilfoyl@redcross.ca](mailto:linda.kilfoyl@redcross.ca), [Jacqueline.berube@redcross.ca](mailto:Jacqueline.berube@redcross.ca)

Service: PATH program helps patients make the transition from hospital to home safely, smoothly and comfortably through Transitional Care Workers (TCW).

## **THE OAKS CENTRE**

Contact: Barbara Ridley, Director of Addictions

Address: 9 Oakland Blvd., Elliot Lake

Phone: 705-461-4508 ext. 300

## **EAST ALGOMA MENTAL HEALTH CLINIC HEALTH SCIENCES NORTH- EAST ALGOMA SITE**

Contact: Carrie Powell, Team Lead

Address: 301-31 Nova Scotia Walk, Elliot Lake

Phone: 705-848-9131

Service: Assessment and treatment to persons aged 16 and over, who have mental health concerns and/or have been diagnosed with a mental illness. Psychiatric consults available with a physician referral.

## **PATIENT AND FAMILY ADVISORY COMMITTEE NE LHIN**

Contact: Marie Murphy-Foran, Co-Chair

Phone: 705-849-5242

Service: The role of the committee is patient advocacy.

## **ST. JOSEPH'S GENERAL HOSPITAL SENIOR FRIENDLY HOSPITAL INITIATIVE**

Contact: Charlene Freitag

Address: 70 Spine Rd., Elliot Lake

Phone: 705-848-7181 ext. 2237

Service: The mobility project at the hospital is within the Senior Friendly Hospital Framework. Looks at importance of mobility in hospital and in community.

## **HURON LODGE**

Contact: Karley Ridge, Manager Assisted Living

Address: 100 Manitoba Rd., Elliot Lake

Phone: 705-848-2019 ext. 229

## **NORTH SHORE COMMUNITY SUPPORT SERVICES**

Contact: Nikki Lapish, Seniors Mental Health Community Consultation  
Outreach Nurse

Address: 10 Paris Dr., Unit 6, Elliot Lake P5A 2L9

Phone: 705-848-2800

Email: smhp@nscss.com

Service: Provide mental health assessments, treatment recommendations,  
follow up and/or referral for seniors with mental health problems.

## **NORTH EAST LOCAL HEALTH INTEGRATION NETWORK**

Contact: Lara Bradley, Communications Lead

Phone: 705-674-1492 or 705-207-1259

Email: [lara.bradley@lhins.on.ca](mailto:lara.bradley@lhins.on.ca)

Service : Home and Community Care services

## **ALGOMA PUBLIC HEALTH**

Address: 302-31 Nova Scotia Walk, Elliot Lake P5A 1Y9

Phone: 705-848-2314; Toll Free 1-877-748-2314

Website [www.algomapublichealth.com](http://www.algomapublichealth.com)

Service: Work with individuals, families and community partners to promote and protect health and to prevent disease. Some of our services include: Alcohol/drug assessment program, health growth and development. Immunizations, community wellness, prevention of injury and substance misuse, smoking cessation, harm reduction, mental health, and environmental health program.

## **MARCH OF DIMES CANADA**

Contact: Donna-Lynn Ogrins, Community Support Supervisor and Stacy Venne, Senior Rehabilitation Worker

Address: 106-1 Washington Cres., Elliot Lake P5A 2W9

Phone: 705-848-4840

Email: [dogrins@marchofdimes.ca](mailto:dogrins@marchofdimes.ca) or [svenne@marchofdimes.ca](mailto:svenne@marchofdimes.ca)

Service: Attendant services, homemaking, low activity and acquired brain injury services.

## **ALZHEIMER SOCIETY SAULT STE. MARIE AND ALGOMA**

Contact: Wende Diemer, First Link- Family Services Coordinator or  
Tanya Cook, Community Outreach Co-ordinator

Address: 9 Oakland Blv., Elliot Lake P5A 2T1

Phone: 705-848-8145

## **ST. JOSEPH'S MANOR**

Contact: Cynthia Farquhar, Administrator and Director of Care

Address: 70 Spine Rd., Elliot Lake P5A 1X2

Phone: 705-848-1891 ext. 4001

Website: [www.sjghel.ca](http://www.sjghel.ca)

## **NORTH EAST LOCAL HEALTH INTEGRATION NETWORK HOME AND COMMUNITY CARE**

Contact: Rickie Lacko, Care Coordinator

Address: 9 Oakland Blv., Elliot Lake P5A 2T1

Phone: 705-461-9329 ext. 3810

Service: As coordinators we are responsible for ensuring that patients in the community are hooked up with the right services for home care or assisted living. We also assist patients and families in Long Term Care Home Planning. As part of the community we work closely with all community partners to ensure smooth transitioning from one program to the next.











# Age Friendly Elliot Lake

## OUR PARTNERS



ÉQUIPE SANTÉ FAMILIALE  
ELLIOT LAKE  
FAMILY HEALTH TEAM

## ***SENIORS AT RISK COMMITTEE***

## CONTACT US

If you have any questions please contact the City at:

Phone: 705-848-2287 ext. 2135

Email: [aroy@city.elliottlake.on.ca](mailto:aroy@city.elliottlake.on.ca)

Web: [www.cityofelliottlake.com](http://www.cityofelliottlake.com)



Presented by: the City of Elliot Lake  
45 Hillside Drive North  
Elliot Lake, ON  
P5A 1X5